

RECIPE FOR A FOOD MEMORY

INSTRUCTIONS

Food memories are about more than just food. Your food memory contains lots of information, like where you were, who was there, what you were feeling, and more. Write a recipe for your food memory, listing the ingredients and step-by-step instructions for how this memory was made. It's the details that make the memory!

WHEN WRITING YOUR RECIPE, BE SURE TO CONSIDER...

- Who was there, and who did what? Who cooked, who ate?
- Where did this memory take place? What country? Which room?
- When did this happen? After school? In 2015?
- How did you feel during this memory? Excited? Competitive? Nostalgic?

SAMPLE FOOD MEMORY RECIPE:

RECIPE FOR A FOOD MEMORY

MY DISH: Auntie Anne's Pretzels

INGREDIENTS: <ul style="list-style-type: none">- 2 heavily salted pretzels- 1 dad- 1 younger sister- 1 suburban mall- 1 rumbling stomach	INSTRUCTIONS: <ul style="list-style-type: none">- After your dad picks you and your sister up from school, go to the mall to run errands- Breathe in the buttery pretzel smell- Assure your dad you can't wait until dinner to eat, and beg for a pretzel – only Auntie Anne's will do- Win a fierce debate with your sister over salty or sweet pretzels (you choose salty)- Munch away at the pretzel as you finish running errands
---	--

RECIPE FOR A FOOD MEMORY

MY DISH: _____

INGREDIENTS:

INSTRUCTIONS: